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[Q: At what point should females who are pregnant be prohibited from participating in sports activity?](#)

The decision to cease physical activity participation should be made by the pregnant female athlete and her doctor. There are complex policy issues related to pregnancy that must be navigated by managers of organizations delivering physical activity programming.

The best position paper on this issue has been published by the Women's Sports Foundation. See "[Issues Related to Pregnancy & Athletic Participation](#)".

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Topics

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